

## **ADHD Resources - Websites**

[www.healthychildren.org](http://www.healthychildren.org)

This is a website started by the American Academy of Pediatrics. There are several short articles about ADHD including parenting techniques.

[www.CHADD.org](http://www.CHADD.org)

A nonprofit organization dedicated to educating children and adults about ADD and ADHD. They publish a helpful magazine called "Attention." It is free to members. CHADD stands for Children and Adults with Attention Deficit/Hyperactivity Disorder.

[www.kidshealth.org](http://www.kidshealth.org)

Another pediatrics website dedicated to children's health. The nice part of this website is that there are whole sections written to children and teens.

[www.allkindsofminds.org](http://www.allkindsofminds.org)

A nonprofit organization dedicated to helping children with learning disabilities succeed in school.

[www.ED.org](http://www.ED.org)

A good resource to understand your rights in the school system.

## **General Books on ADHD**

ADHD: A Complete and Authoritative Guide (AAP) by Michael L Reiff MD FAAP Editor-in-Chief Sherill Tippins

Driven To Distraction: Recognizing and Coping with Attention Deficit Disorder from Childhood Through Adulthood by Edward M. Hallowell

Delivered from Distraction: Getting the Most out of Life with Attention Deficit Disorder by Edward M. Hallowell

Taking Charge of ADHD, Revised Edition: The Complete, Authoritative Guide for Parents by Russell A. Barkley

## **Behavior Issues in ADHD**

Your Defiant Child: Eight Steps to Better Behavior by Russell A. Barkley

The Explosive Child: A New Approach for Understanding and Parenting Easily frustrated, Chronically Inflexible Children by Ross W. Greene

From Chaos to Calm: Effective Parenting for Challenging Children with ADHD and other Behavior Problems by Janet B. Heining

## **Parenting/Teaching Techniques for ADHD**

Marking the System Work for Your Child with ADHD by Peter S. Jensen

Superparenting for ADD: An Innovative Approach to Raising Your Distracted Child by Edward M. Hallowell

Parenting Children With ADHD: 10 Lessons That Medicine Cannot Teach (APA Lifetools) by Vincent J. Monastre

How To Reach And Teach Children with ADD/ADHD: Practical Techniques, Strategies, and Interventions by Sandra F. Rief

The Power of Positive Parenting: A Wonderful Way to Raise Children by Glenn Latham

## **Books for Teens and College Age with ADHD**

Maybe Your Know My Teen: A Parent's Guide to Helping Your Adolescent with Attention Deficit Hyperactivity Disorder by Mary Cahill Fowler

Survival Guide for College Students with ADHD or LD by Kathleen G. Nadem

## **Books for Preteens with ADHD**

Learning To Slow Down & Pay Attention: A Book for Kids About ADHD by Kathleen G. Nadem

The Survival Guide for Kids with ADD or ADHD by John F. Taylor

## **Other Topics on ADHD**

Learning Disabilities: A to Z: A Parent's Complete Guide to Learning Disabilities from Preschool to Adulthood by Corinne Roth Smith

Understanding Girls with AD/HD by Patricia O. Quinn

## **Recommended Help**

Kathleen Stack (718) 989-1142

<https://www.psychologytoday.com/us/therapists/kathleen-stack-brooklyn-ny/103229>

Donna Arking (718) 705-4996

<https://www.psychologytoday.com/us/therapists/donna-arking-brooklyn-ny/184419>

Emily Bravo (347) 269-4296

<https://www.psychologytoday.com/us/therapists/emily-bravo-brooklyn-ny/204787>

[www.Brooklynlearningcenter.com](http://www.Brooklynlearningcenter.com)