

NEW MOMS' GROUP



Motherhood can be overwhelming at first. Join Dr. Katerina Silverblatt and Irena Kenny, LCAT, ATR-BC, as they help build your confidence as a mom by having fun along the way! Each week, you will share new and different experiences, and ask all your questions about being a new mommy.

For 6 new moms & their babies (0-4 months)
Every Friday 10AM to 11AM for 6 weeks in office!
October 17, 24, 31 | November 7, 14, 21

\$150 PSP OR \$250 NON-PSP