

From Cues to Connection

Supporting Early Development & Nurturing Bonds!



Every Wednesday 11AM to 12PM for 6 weeks in office!

October 8, 15, 22, 29 | November 5, 12

\$150 (PSP) or \$250 (non-PSP)

For 6 parents & pre-crawling 4-8 month old infants

Alana Murphy & Dr. B invites you to an inspiring class at Heights Pediatrics, designed to nurture your child's early development, all while celebrating the unique rhythms of parenting!



Caregivers will:

- Tune into baby's unique cues
- Support brain & body development via meaningful play
- Build community with other parents
- Learn how to create an enriching home environment

Each session features evidence-based sensory and motor activities using simple household items. 

Weekly themes target specific sensory systems to support your baby's unique developmental pace.



Class activities include:

- Infant massage (bonding & calming)
 - Gentle water play
 - Movement activities (strength & coordination)
 - Safe scent exploration (herbal baskets & food play)
 - Music & rhythm play
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We look forward
to seeing you in class!

**To register,
please contact us at:**

718-858-4924
info@heightspediatrics.com

Office Address:
50 Clark Street
Brooklyn, NY 11201

Websites:
www.heightspediatrics.com
www.alanamurphy.com