

HEIGHTS PEDIATRICS'

A yellow lightbulb with a brown base and several short yellow lines radiating from the top, representing light or an idea.

POWER
LUNCH

A starburst graphic with a jagged orange outline. Inside the starburst, the words 'BITE-SIZED' and 'WISDOM' are written in a bold, purple, sans-serif font. There are also some small, colorful lines (green, blue, yellow) extending from the points of the starburst.

**BITE-SIZED
WISDOM**

Our trusted doctors are collaborating with leading experts in pediatric care to answer your questions and give you the practical insight you've been looking for!

Each hour-long session dives into important topics and focuses on **your** questions.

Empower your parenting journey with knowledge you can trust!

BEGINS SEPTEMBER 2025

HOW IT WORKS:

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- A vertical orange line with four circular markers at the top, middle, and bottom, serving as a timeline for the class structure.
- BEFORE CLASS** Participants complete a mandatory Google form with any questions they have. Help us tailor the class to your concerns!
 - FIRST 20 MINS OF CLASS** Mini-lecture session led by our expert of the day
 - NEXT 20 MINS OF CLASS** Based off of Google form submissions, a FAQ will be reviewed in class
 - FINAL 20 MINS OF CLASS** Ask any lingering questions you may have! The floor is open to all for any questions, comments and concerns!

HOW TO REGISTER:



Email info@heightspediatrics.com your child's name and date of birth, and specify the class(es) you'd like to register for.



If you haven't already done so, please review and record your response to our Patient Service Plan!



A Google form will be sent to you. A response is **required** in order to confirm your registration and to receive the class link!